



Advanced Certificate in Counselling

Course Guide



Advanced Certificate in Counselling

Gain a broad-based education in counselling theory and practice

Counselling is concerned with the processes within a relationship where one person is seeking the guidance of another to resolve problems. Counsellors don't provide solutions but they help people to find them for themselves.

This course will start by taking you through the basics of counselling before moving into some more advanced concepts for a more holistic learning experience. To appropriately care for clients, a counsellor will need to have undertaken a robust course to allow them to develop all the skills they will need to help their clients. This course is a comprehensive course that covers the theory, skills and techniques required by professional counsellors.

Once you have completed the course you will be able to get started in this industry, opening up a great pathway to a degree such as a Diploma in Psychology.

Perfect for people passionate about helping others solve their problems, overcome issues and grow as a person.





About us

Careers Collectiv is about practical education with a focus on providing courses relevant to real life.

We help you gain the knowledge, skills and confidence to try a new career path, broaden your professional development, start a new business or explore a passion and deepen your understanding in a special interest.

Careers Collectiv was founded by a family who are passionate about providing quality education, accessibility for everyone and the flexibility to work at your own pace and in your own time. They have over a decade of experience in the online education sector after establishing a college specialising in the beauty industry.

Our teachers

We only use teachers who are active in their specialised industry. Learn from people who have first-hand experience in their subject matter and current industry expertise. Staff come from varied backgrounds with teaching and vocational experience from universities and vocational colleges.

Courses provide flexible options for different career pathways, self-improvement, professional development and general adult education.

We give our students the skills, tools and structure to learn in real life situations without compromising on academic excellence.

Recognition



All Careers Collectiv courses come with a certificate of attainment upon completion.

Our courses are accredited with the International Approval and Registration Centre (IARC), a non-profit association providing a quality control system for education programs and courses in international education.

Membership

Careers Collectiv is a member of the following organisations





Advanced Certificate in Counselling

Support the mental health and personal development of others

This course will build your knowledge from the ground up in counselling and psychology and teach you the key concepts you need to make a difference in this much needed field.

This certificate is made up of 6 in-depth core modules which will teach you everything you need to know to help your clients gain control of their feelings. You will be fully equipped to commence a career in the counselling and mental health sector whether that be starting your own business or gaining employment.

Who is this course for?

This course is perfect for students looking to start or a transition into a career in counselling. It is also a great first step for students looking to study psychology.

BONUS

Free 12 month membership
to the International
Association for Counselling



6 modules

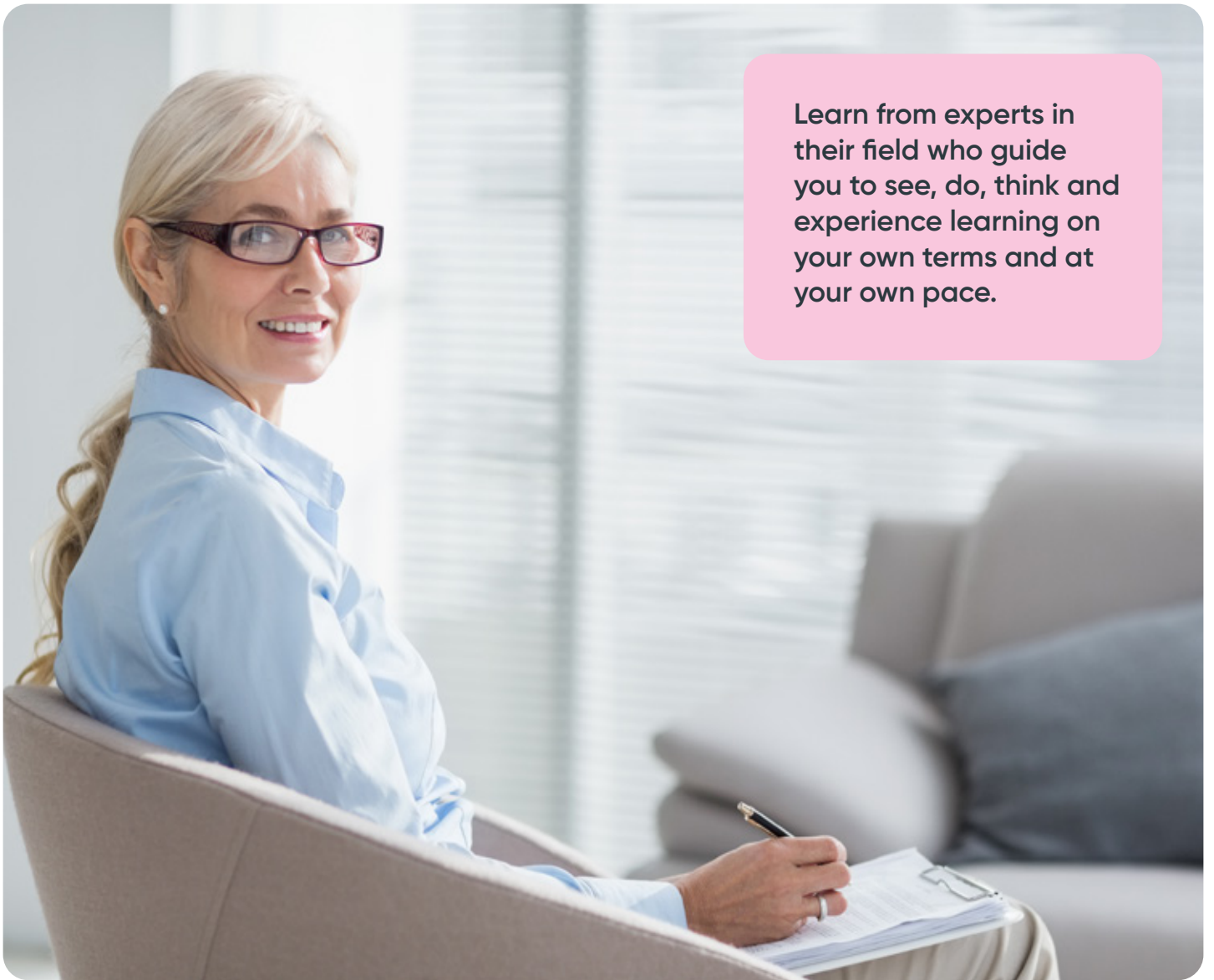


600 hours

This course has 6 main core modules

- Introduction to Psychology
- Certificate in Psychology and Counselling
- Counselling Skills
- Advanced Counselling Skills
- Counselling Techniques
- Professional Practice in Psychology





Learn from experts in their field who guide you to see, do, think and experience learning on your own terms and at your own pace.

A well rounded learning experience

The Advanced Certificate in Counselling gives you an accelerated learning into the theory, skills and techniques used by industry professionals to help people work through their problems by listening to people's needs and understanding the technical tools to help them achieve their desired outcomes.

This certificate will give you a broad knowledge in both areas of psychology and counselling which will allow you to step straight into the workforce as a counsellor or support worker and start leaving an immediate impact on people's lives.

Assignments

Each lesson in your course modules culminate in an assignment which is submitted online, marked by the school's tutors and returned to you with suggestions and feedback by qualified Australian trainers with extensive experience in Melbourne's top education colleges.

Career prospects

This course opens up many opportunities and allows you to decide which work environment is best suited to you. Here are just some career pathways you could follow:

- School Counsellor
- Careers Counsellor
- Drug and Alcohol Counsellor
- Family Support Officer
- Counselling Service Manager
- Age Care Worker
- Mental Health Administration Worker
- Phone crisis support counselling



Course modules

Introduction to Psychology

- 1 The Nature and Scope of Psychology
- 2 The Neurological Basis of Behaviour
- 3 Environmental Effects on Behaviour
- 4 Consciousness and Perception
- 5 Personality
- 6 Psychological Development
- 7 Needs, drives and motivation

Psychology and Counselling

- 1 Stress
- 2 Abnormal behaviour
- 3 Individual behaviour
- 4 Group behaviour
- 5 Methods of dealing with abnormalities
- 6 Conflict resolution
- 7 Interpersonal communication skills

Counselling Skills

- 1 Learning specific skills
- 2 Listening and bonding
- 3 Reflection
- 4 Questioning
- 5 Interview Techniques
- 6 Changing Beliefs and Normalising
- 7 Finding Solutions
- 8 Ending the Counselling

Advanced Counselling Skills

- 1 The Counselling Session
- 2 Focus on the Present
- 3 Telephone Counselling
- 4 Dealing with Crisis
- 5 Problem Solving Techniques I – Aggression
- 6 Problem Solving Techniques II – Depression
- 7 Problem Solving Techniques III – Grief and Loss
- 8 Problem Solving Techniques IV – Suicide

Counselling Techniques

- 1 Psychoanalytic psychotherapy I
- 2 Psychoanalytical psychotherapy II
- 3 Humanistic/Existential approaches I
- 4 Humanistic/Existential approaches II
- 5 Rational emotive therapy
- 6 Behavioural therapy
- 7 Solution Focussed Counselling
- 8 Cognitive Behavioural Therapy

Professional Practice in Psychology

- 1 Understanding Counselling
- 2 Ethics and Confidentiality
- 3 Understanding the Self
- 4 Personality
- 5 Emotions and Behaviour
- 6 Supervision
- 7 Referral Practice



Course overview



Course duration

This course is made up of 6 in-depth modules made up of 45 lessons. The amount of time required to complete this course is approximately 600 hours of study.

There are options to reduce the modules from this program. Just speak to one of our team members for more information.



Supporting you in your studies

With our courses you are not on your own. Careers Collectiv provides the highest level of support possible.

Your tutor will provide you with their email and contact number to ensure you always have support throughout your course. Our tutor support service is available to you 24 hours, 7 days a week.



24/7 Access

Online 24/7 access to your course allowing you to fit your study in with your schedule.



Certification

A certificate of attainment will be issued upon completion of your course.

Careers Collectiv benefits

- Study from anywhere, anytime
- No experience required
- No set deadlines
- Lifetime access to your course

Flexible payment options

This course can be paid off through an interest free payment plan for \$25 per week.

The overall price will vary depending on the options you select. We also offer a 30% discount for upfront payments.

To find out more about the course that best suits your needs, talk to one of our career advisors on **1300 001 703**.

Call our career advisors for payment options on **1300 001 703**

careers collectiv 

AU 1300 001 703

NZ +61 1300 001 703

support@careerscollectiv.com

careerscollectiv.com